OVERTON PUBLIC SCHOOL P.O. Box 310, 401 7th St. Overton, NE 68863-0310



Mark A. Aten, Superintendent Brian Fleischman, Principal Calli McCoy, Counselor Clint Little, Activities Director

Phone (308) 987-2424

Fax (308) 987-2349

www.overtoneagles.org

Greetings from the Principal's Office

It seems like each year goes by faster than the previous. Is it really about time for volleyball sub-districts and football playoffs? Good luck as the post season gets closer. Good luck to our One-Act team as they begin their performances. Congratulations to the marching band on their successful marching season.

Upcoming Events:

October 17th: CC Districts @ Aurora

October 17th: FKC VB @ Kearney Catholic 6/7:30PM

October 18th: No School

October 18th: FB vs. Bertrand 7PM

October 21st: JH/JV VB/FB @ Axtell 3/5PM October 22nd: VB @ Kearney Catholic 5/6/7PM October 24th: 1:00 Dismissal / FB @ Elwood 3PM October 25th: State CC @ Kearney Country Club

October 26th: ACT Test Date @ Overton October 28th & 29th: VB Sub-Districts @ Brady October 30th – Nov. 2nd: FFA National Convention

October 31st: 1st Round of FB Playoffs November 2nd: VB District Finals

November 4th: HS Quiz Bowl @ Amherst 4PM

November 5th: FFA District Livestock Judging @ Kearney

November 6th: Women's Choral Camp @ Kearney High School

November 6th: 2nd Round of FB Playoffs November 7th – 9th :State VB @ Lincoln

November 11th: Veterans Day Program 10AM (Coffee/Rolls 9:30AM)

November 11th: School Board Mtg. 7:30PM

Weather Reminders:

With the seasons changing, I would like to remind parents to help us by ensuring your child is prepared properly for the elements. Hats, gloves, heavy coats, boots, etc. need to be worn when necessary. We try to have outside recess as much as possible. A quick check of the weather in the morning will allow you to properly prepare your child for the day's weather. If there is snow on the ground, students need to have snow pants and boots to be able to play in the snow. If they do not have these, they will have to stay out of the snow at recess. Thank you for your help with this matter.

Reminder:

When students are going to be gone from school, they need to come to the office to get an advanced make-up slip. We also need a note from the parents stating the reason they will be gone. Homework must be done prior to the absence or it will be subject to grading as a late paper. Another reminder, if siblings wish to attend their older/younger siblings events, they need to bring a note from home at least 2-days prior to the event. They will also need to have their homework made up ahead of time. Please remember to call the school when your child is ill and will not be at school. This eliminates the school having to make phone calls to check on student absences. Thank you for your cooperation.

Educationally yours,

Mr. Brian Fleischman, Principal

308-987-2424 x206

brian.fleischman@overtoneagles.org

We have been busy in the kindergarten room. We watched our caterpillars turn into beautiful butterflies. Some were sad to see the butterflies fly off, but one little boy exclaimed "I think they are really happy now." We've planted seeds and are now anxiously waiting to see them sprout. To celebrate Johnny Appleseed's birthday we tasted red, yellow, and green apples. The yellow apples were the favorite with the green apples coming in a close second. Comments from this activity were "yummy", "sweet", "oh this is sour". We had fun painting our pumpkins (Thanks Mrs. Eilers for donating the pumpkins.). They were very colorful pumpkins when they got done with them. During fire safety week we walked to the fire station. They enjoyed getting into the ambulance and seeing the fire trucks. We are looking forward to what the rest of the year will bring us.













Title 1 Cooperative Educational Service Unit #10

Create a home environment that supports success at school

Some of the things you can do to help your child do well in school may not seem to be connected to academics. But studies show that kids are more likely to achieve in elementary school and beyond when their parents provide a supportive home environment that fosters positive traits and attitudes.



To support your child:

- Set the bar high. Don't demand perfect grades, but do insist that your child work to the best of his ability. Then praise him when he tries hard even if he falls short.
- Assign chores. Kids who have duties around the house learn how to be responsible. They also understand that they can and should contribute to the well-being of the whole family.
- Nurture your relationship. You are your child's most important ally!
 Make time to have fun together. Share a hobby or kick a ball around the park. Never let your child forget you are on the same team.
- Take care of yourself. If you are stressed, your child will be, too. Set an example of self-care by eating a healthy diet and making time to exercise and relax with a good book. A calm, peaceful home starts with you.

Source: R. Gillett and R. Premack, "Science says parents of successful kids have these 11 things in common," Business Insider, niswc.com/successtools.



Share the pleasures of reading

The ability to read well makes learning every subject easier. Kids who want to read are motivated to improve their reading skills. But what if your child isn't interested? Show her how enjoyable and rewarding reading is!

Here are four simple ways:

- Listen to audiobooks. This is a great way to show a reluctant reader how interesting books can be. Borrow audiobooks from the library, or record yourself reading a book your child might like. Then have her read along.
- Follow current events. Is there a developing news story that interests your child? Read

the latest reports in the paper or online together each evening.

- Go on a fun outing. Challenge your child to research attractions near you. Plan a visit to one and ask her to be your tour guide.
- 4. Eat your words. Get a cookbook and let your child pick a recipe to try. Have her read it as you cook the dish together. Then enjoy the tasty rewards of reading.

Put gratitude in writing

Research links a feeling of gratitude with increased happiness and school satisfaction. Help your child explore the feeling with a family writing project. Have everyone:

- Write down something they are thankful for at the top of a sheet of paper.
- List all the reasons they are grateful for it underneath.
- Illustrate their pages.

Post these pages for the whole family to read.

Source S. Allen, Ph.D., "The Science of Cratitude," Creater Cood Science Center, UC Berkeley, niswc.com/thanks.

Avoid a screen time pitfall

When it comes to limiting screen time, a recent study found that one popular prac-

tice is likely to backfire. When parents granted screen time to reward good behavior, or with-held it to punish bad behavior, their kids wound up spending more time with screens.



Instead, set consistent limits and help your child discover lots of ways to have fun without sitting in front of a screen.

Source: University of Guelph, "Controlling children's behavior with screen time leads to more screen time, study reveals," ScienceDaily, niswc.com/screencontrol.

Prevent homework hassles

To keep your child's homework from becoming a source of friction in your home:

- Give schoolwork top priority.
 If your child is too busy to finish his assignments, adjust his schedule so that homework comes first.
- Expect some frustration. A little complaining is normal.
- Have your child call a classmate if he has a question. This shifts responsibility from you onto him, where it belongs.





Memorizing is difficult for my child. What will help?

Q: My child does her homework and studies before tests. But at test time, she can't seem to recall the facts. How can I help her improve her memory?

A: There are many techniques that may help your child memorize and recall facts. Encourage her to try:

 Silly sentences. Help your child use the first letter of terms she needs to learn to make a furny sentence, such as "Special Hamsters Must, Eat Oranges" for the Great Lakes (Superior, Huron, Michigan, Erle, Ontario).



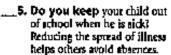
- Grouping. Have her divide big lists of facts into smaller lists of similar items. Instead of trying to learn every state capital at once, she could divide the country into regions and memorize capitals for each region.
- Images. Your child can draw or imagine a picture of what she's studying.
 Then, during the test, she can think about her picture to recall the facts.
- Personalization. Help your child relate the information to her own life.
 An important date in history might also be a relative's birthday.
- Singing. Your child can replace words in a familiar song with facts she needs to remember.



Are you taking attendance seriously?

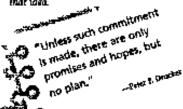
Regular attendance at school is critical for your child's academic aucress this year—and every year. Are you reinforcing strong attendance habits? Answer yes or no to the questions below:

- 1. Do you make it clear to your child that you expect him to go to school every day?
- 2. Do you overrule weak excuses? Not wanting to get out of bed isn't a valid reason to stay home.
- __3. Do you try to schedule appointments and family trips for non-school times?
- _____4. Do you set your child's bedtime and wake-up time earlier if he has trouble getting ready for school on time?



How well are you doing?

More yes answers mean you are making attendance a priority. For each no, try that idea.



Focus on your child's vision

Kids with vision problems can struggle in school. But children don't always know that they can't use well, It's important to get your child's eyes examined yearly. To protect her eyesight overall:

- Encourage outdoor play. Recent research suggests that spending more time outdoors—about 14 hours a week—can help some kids avoid nearsightedness.
- Provide good light. A bright reading lamp will help your child avoid eyestrain
- Commit to safety. Does your child play sports? Make sure she wears the proper protective eye wear, such as safety glasses or swim goggles.

Source: K. Zadnick, Ph.D. and D.O. Mutd., Ph.D., "Crowloop Activity Protects Against Childhood Mycapa.—Lei the Sun Shine bs," JAMA Pediatrics, news.com/sun

Math facts come in families

Math facts that use the same numbers are called families. If your child is learning that 1+2=3, it helps for him to know that 2+1=3, too. And that 3-1=2, and 3-2=1. Make flash cards that show fact families. For example, write 3, 2 and 1 on one card. How many equations can

your child make with those numbers? Write the possibilities on the back of the card.

Encourage self respect

When children lack self-respect, it is hard for them to respect other people. This often leads to disruptive behavior in school. To foster self-respect in your child;

- Help her feel competent. Provide chances to learn and practice new skills.
- 2. Notice and compliment her progress.
- Let her make age-appropriate choices.
- Show that you accept, appreciate and love your child for who she is.

Helping Children Learn•

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FCCLA Members Attend Fall Leadership Workshop

Seven students from Overton Public Schools recently attended the Nebraska Family, Career, and Community Leaders of America Fall Leadership Workshop. This annual event was held at the Younes Conference Center in Kearney, Nebraska and featured over 584 students from all corners of Nebraska. The theme for this year is Fuel Your Passion as Nebraska FCCLA works to provide members with opportunities to discover and find their passion for their future and career.

All students at this event heard from members of the Nebraska FCCLA State Officer Team, the State Peer Officer Team, and other chapter leaders about state and national programs, leadership development, and chapter management. Madeline Wittstruck, FCCLA National Executive Council Vice-President of Finance from Milford led sessions focused on introducing new members to the organization.

This year keynote speaker, Dean Jacobs challenged members to life a life wonder and humanity through generosity, gratitude, dignity, curiosity, humility, respect, kindness and community. Nebraska FCCLA works to prepare students for future careers in Human Services, Education and Training, Hospitality and Tourism, and Visual Arts and Design. The University of Nebraska at Kearney Family Studies Department helped students learn about Passion for the Future by considering a future degree program focused on helping others. Dr. Christine Chasek presented Brain Storms: 12 Mind Bending Careers in Behavioral Health from the Counseling and Psychology Department at UNK.

As members of the chapter bring this information and training home, they are looking forward to implementing it in a variety of ways. Senior officer Megan Zulkoski attended a session about chapter awards and said "I am excited to share about these awards with other chapter members and help our chapter gain even more recognition for projects throughout the year." Other chapter officers were excited to learn about new STAR events, chapter activities and ways to grow their own leadership potential.

FCCLA is a dynamic and effective national career and technical student organization that helps young men and women become leaders and address important personal, family, work and societal issues through Family and Consumer Sciences education. Nebraska FCCLA has over 2,800 members in 98 chapters across the state. For more information about FCCLA, please visit www.nebraskafccla.org.



Attending from Overton were Hannah Smith, Alexz Rodriguez, Abby Lawton, Samantha Sarratt, Calli Weston, Rebecca Zeleski & Megan Zulkoski.

Overton art students; Jaylee Davenport, Hailey Wagner, Morgan Barner, Austin Haussler, and Caroline Vance competed in the Hastings College Mural Contest in September. This year the college had the painting directions of taking a saying and creating a 'meme' for the saying. They drew "When you start the last lap in Mario Kart and the music speeds up". They were given a time limit and had to work together to design and paint their 'meme' without help from Mrs. Brooks and they handled it wonderfully and worked together impressively, it was a very fun and experience filled day.







FFA News

The Overton FFA Chapter has been busy! This month they went to District Range Judging, hosted a Hackrack Ride and a bonfire, District Land Evaluation, and had a Connecting Chapters Training with Nebraska Farm Bureau.

District Range Judging was held at Spalding, Nebraska. We had 9 students attend, 8 of which were FFA members At Range Judging we identified plants and then figured out the pedigree for each plant. We also judge how good the land and soil would be for livestock. The last things we do in the contest is complete an AUMs problem and decide if there's anything to do to fix and make the pasture better. As for results, we had three members - Addison Luther, Wyatt Ryan, and Cinch Kiger - place in the top 50% out of about 200 people in the junior division, with everyone else close behind them! This means that they qualified to go to state, but due to scheduling problems were unable

FFA also held our 2nd Hayrack Ride and Bonfire! We all met at the school and loaded up on trailers with hay and blankets and rode out to Abby Lawton's house. There, we roasted hot dogs and marshmallows over the fire and talked to Nebraska State FFA Officers. We played games and enjoyed a fun evening with friends - we were happy to have so many join us for this event.

We had 8 members attend District Land Evaluation Curtis. Members had to analyze the soil profile and the surrounding area to determine what the land could be used for. Then they had to suggest any management practice and fertilizer changes that needed to be made. All members placed great overall with Austin Kennicutt receiving a Red Ribbon, Spencer Walahoski & Siarra Potter both receiving White Ribbons and the Junior Team of Austin, Spencer, Dominic Kyle, and Jada Araujo receiving a White Ribbon!

We sent 5 members - Ryan Lauby, Siarra Potter, Abby Lawton, Addison Luther, and Spencer Walhoski - to a training event put on by Farm Bureau on how to advocate for agriculture and increase ag literacy in our community. We learned so many great things and we are excited to implement some of the new lessons at our Elementary Ag Day that we will have in March!

> ~ Addison Luther ~ Chapter Reporter







Students Grades 7th - 12th enjoy a windy evening on the hayrack ride and the bonfire!





Abby Lawton competes at District Land Evaluation - analyzing the soil profile

FFA Upcoming Events

DATE	EVENT	LOCATION / TIME School		
October 25th	Beef Boosters Lunch Serving			
October 29th - November 2nd	National FFA Convention	Indianapolis, IN		
November 4th - 15th	Fruit Sales Fundraiser	School		
November 5th	District Livestock Evaluation	Buffalo County Fairground		
November 13th	Chapter Meeting	7:00 AM		
December 3rd	FFA Christmas Party	School		



Wyatt Ryan, Jacob Surridge, and Addison Luther competing in Range Judging

Members completing an activity at the Farm Bureau Training



Hello! Fall is here, and I am reminded to stop and appreciate the beauty that surrounds us. As Thanksgiving approaches, think about everything you are thankful for and work to share that gratitude with your family. -Mrs. McCoy





Seniors/Parents

APPLY & VISIT

Apply to the top two or three colleges you are considering attending. Go to the Admissions webpage of the college of your choice, you will find all of the information you need.

SENIOR PICTURES

A total of 5 pictures need to be given to to Mrs. McCoy by December 1st!

- Baby/Toddler
- Elementary
- Senior- Slideshow
- Senior- Publication *Vertical
- Senior- Yearbook *Vertical

FAFSA

Starting October 1, you can now file your FAFSA. Reminder to use your 2018 Tax information when you file. If you have any questions contact EducationQuest. They will try and answer the questions over the phone or set up a meeting and they will walk you through the steps and file it with you. EducationQuest 2706 2nd Ave, Kearney, NE 68847 (308) 234-6310 https://www.educationquest.org/

SCHOLARSHIPS

- Local scholarship applications will not be handed out until December.
- -Susan Buffet Application opens Nov. 1st.
- -Check each College's Scholarship

MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION **REGULAR MEETING** October 16, 2019

7:30 p.m.

Board Vice-President called the meeting to order. Members Present:

Lassen Luther Meier Walahoski

Notification: The October 16, 2019 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School website, Beacon Observer, Post Office, and the Security First Bank.

Open Meetings Information: To be in compliance with LB 898, The Nebraska Open Meetings Act, Board Vice-President Meier informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

Administration Present: Mark Aten, Superintendent, Brian Fleischman, Principal

Guests Present: Aaron McCoy and Seth Ehlers

Public Comments: None

Reports: None

Communications: None

Other: Board Excused the absence of members Brennan and Rudeen. Motion 4-0-2. Yes (4) Lassen, Luther, Meier and Walahoski. No (0). Absent (2) Brennan and Rudeen.

Action Items:

- 1. Agenda Moved by Luther, seconded by Walahoski to approve the agenda of the October 16, 2019 regular monthly board meeting as presented. Motion 4-0-2. Yes (4) Lassen, Luther, Meier and Walahoski. No (0). Absent (2) Brennan and Rudeen.
- 2. Minutes Moved by Walahoski, seconded by Lassen to approve minutes of the two hearings of September 9, 2019, the 2019-2020 Budget of Expenditures, 2019-2020 Tax Request hearing, and the September 9, 2019 regular board meeting minutes. Motion 4-0-2. Yes (4) Lassen, Luther, Meier and Walahoski. No (0). Absent (2) Brennan and Rudeen.
- 3. Claims Moved by Lassen, seconded by Luther to pay the October General Fund bills in the amount of \$92,609.95. Motion 4-0-2. Yes (4) Lassen, Luther, Meier and Walahoski. No (0). Absent (2) Brennan and Rudeen.
- Moved by Luther, seconded by Walahoski to adjourn at 8:34 p.m. Motion 4-0-2. Yes (4) Lassen, Lu 4. ther, Meier and Walahoski. No (0). Absent (2) Brennan and Rudeen.

Board Reports and Discussion Topics:

1. Board Reports:

Upcoming Meetings: State Education Conference Information Negotiations Meetings: First Meeting is Being Scheduled

2. Discussion Topics:

- A. November Board Meeting scheduled for Monday, November 11, 2019 beginning at 7:30 p.m.
- B. State Education Conference Registration
- C. Committee on American Civics Update

Administrative Reports:

- Principal's Report:
 1. Enrollment Update
 2. Calendar
- 3. P-T Conference Results
- 4. NSCAS Update

Superintendent's Report:

- 1. Enrollment Option Report
- 2. Option Enrollment-
 - Out a. a. b. b. In a. b. c.
 - Change of Status a. c.
- 3. Financial Update
- 4. Budget Review
- 5. Projects Update
- 6. Beef Boosters
- 7. Technology Plan and Grant Funds

November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
* = Breakfast Milk served each meal. Milk & fruit served each PK meal.					*Pumpkin cake donuts & yogurt Sloppy joes, chips, coleslaw, pickles, relish tray, oranges, pears	2
3 ALT MEAL: Hot dog	*Cinnamon rolls & ham Chicken biscuits casserole, green beans, baby carrots, peaches, strawberries, biscuits	*Breakfast pizza Soup bar, grilled cheese, relish tray, cottage cheese, peaches, kiwi	*Oatmeal bar & sausage Chalupas, shredded romaine, shredded cheese, salsa, seasoned rice, oranges, applesauce	*Banana muffins & yogurt Sirloin tips on mashed potatoes, com, pineapple, apple slices, dinner roll	*Biscuits & gravy Little Caesar's pepperoni pizza, salad mix, cottage cheese, strawberries, jello	9
ALT MEAL: Ham & cheese sandwich	*Breakfast on a stick Cheeseburger, fries, mixed veggies, applesauce, grapes	*Pancakes & sausage French toast, omelets, hash browns, orange juice, peaches	*Breakfast combo & cake donut Spaghetti & meatsauce, salad mix, cottage cheese, jello, applesauce, ciabatta bites	*Breakfast tornado/ham & cheese wrap Chicken nuggets, fries, corn, pears, mixed fruit, apple bars	*Breakfast pizza Taco in a bag, shredded lettuce, shredded cheese, salsa, yogurt, grapes, apples	16
ALT MEAL: Pepperoni pizza	*Glazed donuts & ham Turkey, mashed potatoes & gravy, green beans, cranberry jello, sweet potatoes, dinner rolls (no alternate)	*Pancakes & sausage Cristpitos & cheese, shredded lettuce, salsa, jello, melons, brownies	*Biscuits & gravy casserole Macaroni & cheese, little smokies, California blend veggies, strawberries	*Funnel cake & omelet Homemade pizza, salad mix, cottage cheese, relish tray, peaches, oranges	22 NO SCHOOL — In-Service.	23
24 ALT MEAL: Cheeseburger	*Breakfast pizza Chicken stir fry, rice, yogurt, Mandarin oranges, pineapple, cereal bar	*Glazed donuts & sausage Turkey & Noodles, mashed potatoes, roasted carrots, baked apples, banana, dinner roll	*Breakfast sandwich Chicken patty sandwich, chips, green beans, pickles, jello, grapes	28 NO SCHOOL — Thanksgiving	29 NO SCHOOL — Thanksgiving	30



November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					National FFA Convention.	National FFA Convention. VB District Finals.
3 Daylight Savings Time ends.	4 Student Council mtg. @ lunch. HS Quiz Bowl @ Amherst 4PM. FCCLA mtg. 6:30PM. One-Act 6:30PM.	5 Election Day. District Livestock Judging @ Kearney. One-Act 6:30PM.	FFA officer mtg. @ lunch. FKC quarterly mtg. 5:30PM. 2nd round of FB play-offs.	7 Cheer @ lunch. One-Act 6:30PM. State VB @ Lincoln.	8 State VB @ Lincoln.	9 State VB @ Lincoln.
10	11 Veteran's Day. Veteran's Day program 10.AM, coffee/ rolls 9:30.AM. Music booster mtg. 5:30PM. VB All-Conf. Selection @ Flm Creek 7PM. School board mtg. 7:30PM.	FB Quarterfinals. One-Act Festival @ Elm Creek. One-Act 6:30PM.	13 FFA mtg. 7AM. Freshman to UNK.	14 Cheer @ lunch. One-Act 6:30PM. Athletic Booster mtg. 7PM.	National Fall FCCLA Conference. JHWR @ Gibbon SPM.	National Fall FCCLA Conference. FCA Weekend of Champions @ GI.
National Fall FCCLA Conference. FCA Weekend of Champions @ GI.	18 Senior Citizen Thanksgiving Lunch. 1st day of BB @ WR. practice. One-Act 6:30PM.	FKC Choral Clinic @ Amherst. JHWR @ Alma 2PM. One-Act 6:30PM. Sr. Parent Post Prom mtg. 7PM.	20	School One-Act performance 1st period. Cheer @ lunch.	NO SCHOOL— Teacher In- Service.	23
24 Community One-Act performance 7PM.	25 FB Finals D2/D1/B. One-Act 6:30PM.	26 FB Finals C2/C1/A. FKC One-Act @ Holdrege (Axtell).	27 ABC/PTO Raffle starts.	28 NO SCHOOL— Thanksgiving.	29 NO SCHOOL.	30